Walking Information Leaflet
In this handout you will see different symbols for each place or event. These symbols mean the following things:

- There is a changing place in the building. For more information about changing places please go to their website [www.changing-places.org](http://www.changing-places.org).

- There is wheelchair access to the building or event. This might be automatic doors or a ramp to the entrance.

- There is a car park at the venue or event. There might not be disabled parking spaces in the car park.

- There is a car park at the venue or event. There are accessible parking spaces.

- There is an accessible toilet at the building or event. Sometimes you will need to ask a member of staff to unlock the toilet for you.

- You can get to the building or event by bus. For bus times visit: Wilts and Dorset [www.morebus.co.uk](http://www.morebus.co.uk) and Yellow Buses [www.bybus.co.uk](http://www.bybus.co.uk).

- There is a hearing loop available. Please ask them for more information about this.
This is an event. It will usually only be on once a year, but sometimes it could be more.

This is a social group that you can join. They might meet up to talk about or do your interest.

This is a place that you can go to about your interest, for example a zoo, theme park, cinema or cafe.

You can volunteer to help at this place, please contact them for more information.

This is a course where you can learn something new.

There is a discount available for disabled people. You might need to take something with you to show that you are disabled, or have a special discount card. Please call them to find out.

This is a safe place. A safe place is somewhere that you can go if something happens to you when you are out in the community. A safe place will have this sticker in the window. For more information visit www.bournemouthpeoplefirst.co.uk
This is a scheme you can join which lets you hire special scooters if you find walking hard. You might have to pay a small fee when you hire the scooters.

The Tramper is an electric mobility scooter that can be used on rough ground, mud and grass.

The scheme also has wheelchair accessible boats.

You must be over the age of 14 so that you are covered by the insurance. You do not have to be registered as a disabled person or have a Blue Badge.

Some health issues mean that not everyone will be able to join the scheme.

There are two types of membership available:

1 years Membership costs £10.00

Temporary Membership costs £2.50 which is only for 4 weeks.

You will need ID and to fill out a form to become a member.

Call for more details.

Website: www.countrysidemobility.org

Call: 01392 459222
Parks and places to walk

Moors Valley
Horton Road, Ashley Heath, Near Ringwood, Dorset
BH24 2ET

You can borrow wheelchairs or hire mobility scooters as part of the South West Countryside Mobility Scheme. For more information please contact them.

Website: www.moors-valley.co.uk
Call: 01425 470721

Durlston Country Park
Lighthouse Road, Swanage, Dorset, BH19 2JL

Some of the paths are accessible and they have a lift to all the areas. If you ring the intercom, they will let you through so you can be dropped off right outside the castle.

2 Trampers, 1 wheelchair and 1 Trekenetic wheelchair can be hired as part of the South West Countryside Mobility Scheme.

Website: www.durlston.co.uk
Call: 01929 424443
**Avon Heath Country Park**
Brocks Pine, St. Leonards, Ringwood, BH24 2DH

Most paths are gravel and sandy but there is one track suitable for people who use wheelchairs.

Website: [www.dorsetforyou.com/avonheath](http://www.dorsetforyou.com/avonheath)
Call: 01425 478082

**Arne (RSPB Nature Reserve)**
Wareham, Dorset, BH20 5BJ

They have 1 mobility scooter that you can hire as part of the [South West Countryside Mobility Scheme](http://www.rspb.org.uk/reserves/guide/a/arne/about.aspx). Call them to book it.

Website: [www.rspb.org.uk/reserves/guide/a/arne/about.aspx](http://www.rspb.org.uk/reserves/guide/a/arne/about.aspx)
Call: 01929 553360
**Parks and places to walk**

**Tout Quarry Nature Reserve and Sculpture Park**  
Tradecroft Estate, Portland, Dorset, DT5 2LN

![Image](image)

You can hire a Tramper buggy on Tuesdays, Fridays and Saturdays as part of the South West Countryside Mobility Scheme.

Call: 07973 907760

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**Holton Lee**  
East Holton, Poole, Dorset, BH16 6JN

![Image](image)

They have 5 Tramper buggies that you can hire, please ring to book. All paths and gates are accessible.

Website: [www.holtonlee.co.uk](http://www.holtonlee.co.uk)

Call: 01202 625562
Parks and places to walk

Radipole Lake (RSPB Nature Reserve)
Weymouth, Dorset, DT4 7TZ

There are some accessible paths

Website:
www.rspb.org.uk/reserves/guide/r/radipolelake/index.asp

Call: 01305 778313
Blashford Lakes Nature Reserve,
Ellingham Dove,
Ringwood, BH24 3PJ

There are Deer, Bird Life, Snakes and other Wildlife and Hides all have ramped access, two mobility scooters to hire, X3 bus goes near it.

At Blashford Lakes Nature Reserve

Call: 01425 472760

Website: www.hiwwt.org.uk
Bournemouth seafront has:

- Accessible beach huts
- Accessible parking spaces on promenade car park
- Accessible toilets on the promenade at:
  * Alum Chine
  * Durley Chine
  * Bournemouth West (by Happylands arcade)
  * Bournemouth Pier entrance building
  * Bournemouth East (by beach office)
  * By Coasters cafe (west of Boscombe Pier)
  * Boscombe Overstrand,
  * Portman Ravine,
  * Fisherman’s Walk,
  * Gordon’s Zig Zag
  * Southbourne Beach

Beach going wheelchairs fitted with special balloon tyres are also available for hire from beach offices.

Changing Places available with a key from Boscombe Beach Office - tel: 01202 451773

Cliff lifts and land trains are fully accessible. Carers travel free on land trains, cliff lifts and do not have to pay the Bournemouth Pier toll.
**Walking Websites**

**New Forest Access For All**
A website with accessible walks in the New Forest.

There are maps and reviews on different walks around the New Forest.

Website: [www.newforestaccessforall.org.uk](http://www.newforestaccessforall.org.uk)

**Walks With Wheelchairs**
A website with lots of wheelchair friendly walks across the UK

Walks with Wheelchairs will allow you to:
- Read reviews of the routes before trying any walks
- Download walk directions and maps
- Share your own routes
- Add your own comments for others users to view

Website: [www.walkswithwheelchairs.com](http://www.walkswithwheelchairs.com)
Swanage and Purbeck Walking Festival
Saturday 20th - Sunday 28th September 2014

An exciting range of walks for all ages and abilities. This year there are 3 walks with a 'War' theme as well as shipwrecks, smuggling, fossils, art, photography, ghost walks and more.

Bookings can be made online or by calling Swanage Tourist Office.

Website: www.walkswanage.com
Call: 01929 422885
Rambling Clubs and Guided Walks

Bournemouth Guided Walks and Monday Morning Meanders.

Meander walks start at 10.00am and last between 1 and a half to 2 hours.

Some of the walks are fairly accessible but please call for details.

Call Richard Hesketh: 01202 451605
Email: parks@bournemouth.gov.uk
Website: www.bournemouth.gov.uk/parks

Walk Swanage

This group does lots of different types of walk. They can be along the beach or in the countryside. The walks also range from a stroll to a serious hike. This group will have a walk for everyone but call for details on the accessibility of the different walks.

Website: www.walkswanage.com

New Forest Healthy Walks

A list of different walks that you can go on.

Website:
www.walkingforhealth.org.uk/walkfinder/south-east/new-forest-healthy-walks
Rambling Clubs and Guided Walks

Canford and Purbeck Rights of Way

All walks are taken at a slow to steady place but call for details on the accessibility of the different walks.

Call: 01202 761 400
Email: sec@caprow.org.uk
Website: www.caprow.org.uk

Dorset Young Walkers

The Dorset Young Walkers Group is for people between the ages of 20 years and 40 years. The group go on walks in the local countryside. Call for details on the accessibility of the different walks.

Call: 07765 497887
Email: dywra@hotmail.com
Website: www.dorsetyoungwalkers.org.uk

East Dorset Ramblers

Most of the members of the East Dorset Rambling Group live in Bournemouth, Poole or Christchurch. They group go on short and long walks, as well as this they help to keep the countryside safe. Call for details on the accessibility of the different walks.

Email: groupsec@eastdorsetramblers.org.uk
Website: www.eastdorsetramblers.org.uk
Rambling Clubs and Guided Walks

North Dorset Rambling Club
A club for people in the North Dorset area.
Call: 01935 812809

South Dorset Group of Ramblers Association
A group of people who go walking in South Dorset. To find out more please visit their website.
Website: www.southdorsetramblers.org.uk

West Dorset Ramblers
Walking with this group gives you the chance to see the coastline of West Dorset.
Information about their walks are available from their website.
Website: www.westdorsetramblers.org.uk

Walking In England
Visit their website and you will be able to download and print free walking routes in the Dorset area.
Website: www.walkingindorset.co.uk
Rambling Clubs and Guided Walks

Bournemouth and Poole Rambling Club

The club offers Sunday walks of 8-10 miles along the countryside coast.

The club also offers Wednesday walks of 4-8 miles

Call Mike: 01202 428471

Website: www.bournemoutheramblers.org.uk

This leaflet is for information only. Bournemouth People First does not recommend any of these groups or places.

Made by Bournemouth People First